

Zody®

HAWORTH®



Meet Zody, the high-performance, mid-priced task chair that blends science-based wellness and comfort with international design and sustainability. She's a first in many ways.

Zody is the first task chair to have PAL<sup>®</sup>, a passive pelvic support and a patented, user-selected, asymmetrical lumbar support system.

She's the first task chair to be endorsed by the American Physical Therapy Association.

And she's the first task chair certified as a Cradle to Cradle<sup>SM</sup> Gold Product by MBDC (McDonough Braungart Design Chemistry, LLC).



### The DNA of Zody: Form Follows Science™

How do you get a good looking task chair that is environmentally sensitive and lets users set personal comfort levels within superior human engineering standards?

You let form follow science — and get Zody.

Over two years of persistent research and development led to the product design innovations that are Zody. Her revolutionary asymmetrical lumbar support system is a result of a joint study between Haworth and The Human Performance Institute of Western Michigan University. Approximately 70% of all test participants made one thing very clear: controlling the degree of support on either side of their lower back was the key to comfort. From this has come Zody's PAL® back system, combining asymmetrical lumbar adjustment, passive pelvic support, and a host of ergonomic refinements — a revolutionary step forward in office seating.

Her substance comes with a sophisticated aesthetic. Thanks to European and North American design collaboration, Zody is truly international, as well as versatile. She fits everywhere in the world and anywhere in the office, from workstation to boardroom.

And Cradle to Cradle™ sustainability means Zody adds to the work environment without taking from the natural one.

All this because the form of a chair took its lead from science. That's Zody.







*The lumbar pad consists of four concentric rings interconnected by small, flexible webs, but independent of each other. Users can distribute pressure to the lower back asymmetrically according to their personal preferences. The wave in the middle takes pressure off the spine.*



*There is a tendency for the pelvis to rotate backwards into an unhealthy posture when sitting. Working together with the lumbar adjustment system, Zody's pelvic support helps prevent this backward rotation.*

**Zody's PAL® System:  
Set Your Own Comfort**

Zody's patented lumbar support system, with its asymmetrical control concept is the result of more than two years of persistent research and development. By combining a passive pelvic support feature with the unique PAL Back System, Zody gives her users a revolutionary ergonomic solution that enhances comfort and well-being.

The PAL Back System design is based on lower back research conducted in partnership with Western Michigan University's Human Performance Institute. PAL enables a broad range of users to position the lumbar pad in the small of the back, helping to maintain the lumbar curvature in the spine of the lower back when the user is seated. The combination of the frame flex, mesh construction, lumbar pad, lumbar pad spring suspension and asymmetrical adjustment and pelvic support make up the PAL™ system's unsurpassed ability to provide comfortable ergonomic support for a broad range of users.

Users have the option to add even more comfort via a soft, ergonomically-designed headrest that helps reduce neck fatigue in working and reclining positions. The headrest is height-adjustable, fits a wide range of users, and is available in two finishes.

The result is an ergonomically advanced, exceptionally comfortable, sleek and stylish chair that works with the body, not against it.



**Lumbar Adjustment**

*The concentric rings on the pad, which are interconnected by small flexible webs, react to the user's preference for lighter to heavier support. The pad is designed to be flexible, allowing it to move with the user.*

**Personalized Lumbar Support**

*Zody's lumbar pad can be adjusted four inches in height to coincide with "the small" of the user's back. Each handle can be rotated up or down to achieve varying amounts of support independently on either the right or left side to maximize comfort of the lower back.*

**Pelvic Support**

*Zody's pelvic support pad places gentle support on the sacral pelvic area of the back. The purpose is to help maintain the spine's natural curvature, the "S" curve, especially when sitting for long periods of time.*

**Arm and Seat Pan Design:  
More Flexibility & Support**

Arms play a major role in ergonomic design. Zody's arms adjust in four directions. This 4-D design improves flexibility, support, and comfort. Users will find it easier to keep their shoulders in a neutral posture. They can move closer to their worksurface and still make effective use of the backrest. Forearm support, important when using a mouse or keyboard, is greater. And there's reliable support for shifting one's seated position.

Zody's seat design is the result of years of refinement. Its contours and geometry combine to provide users the highest levels of comfort and efficiency. A seat with Technogel® Soft Lite Gel provides a healthy option, as research shows gel seats reduce muscle activity in the lower back and lessen the pressure of the lower part of the hips to help reduce fatigue while increasing back comfort even further.

**The Fourth Dimension**

*With 4-D arms, Zody's armrests are adjustable from side-to-side, front-to-back and pivot in-or-out. Arms also go up-and-down in height. Available in fixed and height adjustable versions.*

**Best Seat in the House**

*Zody's seat, with its rounded front edge, is adjustable in depth by as much as 3" to accommodate petite and tall users. Its width is great enough to suit 95% of the user population. The Technogel® Soft Lite Gel seat provides yet another option.*

**What Goes Up**

*... must also come down. Ranging from 14" - 21", Zody has an easy to use pneumatic height adjustment feature. This combined with a standard tilt tension adjustment and optional back-stop and forward-tilt control provide users with greater comfort and individual support.*







Zody is assembled using 100% renewable wind power



...which is like planting 194 acres of mature trees



or taking 124 automobiles off the road permanently.

### The Science of Form

Designed by ITO DESIGN of Germany, in collaboration with the Haworth Design Studio, Zody demonstrates that an environmentally responsible chair can be sophisticated and still have a strong aesthetic appeal. Even a personality. In fact, many personalities: casual, fun, chic, sleek, elegant, or all business.

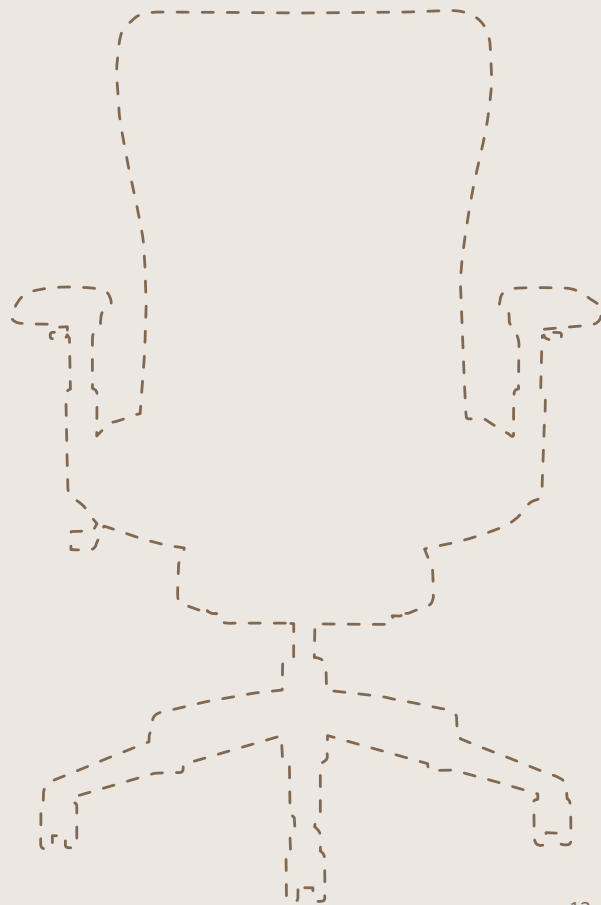
Light in scale and thin in silhouette, Zody belies her advanced technology. The controls are sleek and unobtrusive, while the T-back connection gives Zody a graphic elegance. Zody offers her users scalability and choices, choices that relate to aesthetics and function, as well as budget. For a task chair with so many under-the-hood advances, she is pure form.

The legendary Mies van der Rohe thought the chair a difficult object of design. "A skyscraper," he once said, "is almost easier." Not when form follows science as Zody does.



Zody is made with 51% recycled materials

Zody is a Cradle to Cradle<sup>SM</sup> Gold Certified Product as determined by MBDC (McDonough Braungart Design Chemistry, LLC). Zody has been evaluated for her human health, environmental health, lifecycle attributes, renewable energy, water stewardship, and social responsibility characteristics against stringent certification criteria and is considered an ecologically intelligent product. She is the first task chair to do so.



Zody is included in Haworth's "Take-Back Program."



At the prestigious Best of NeoCon, Zody won a Silver Best in 2005.

Zody has won a 2005 GOOD DESIGN<sup>TM</sup> Award, presented by the Chicago Athenaeum Museum of Architecture and Design.

NeoCon Canada honored Zody with a Gold IDEX in 2005.



...and is 98% recyclable.

Zody is GREENGUARD<sup>®</sup> certified as a low emitting furniture product and is free of PBDEs, PVC, CFCs, and chrome.

Two of the most recyclable materials on earth — steel and aluminum — make up almost 77% of Zody's weight, simplifying recycling. Disassembly takes less than 15 minutes, and customers can return any or all of their Zody chairs to Haworth for recycling of these valuable materials.



Zody is certified as a Cradle to Cradle<sup>SM</sup> Gold Product by MBDC.

Zody is the first task chair to be endorsed by the American Physical Therapy Association.





**MA-001 Support**

**Zody**  
A high-performing task chair that blends science-based wellness and comfort with sustainability and international design.

**Awards**  
Silver Best of NeoCon, Seating: Ergonomic Desk/Task, June 2005

Gold IIDEX/NeoCon Gold, Seating: Desk/Workstation Chairs, Sept 2005

2005 GOOD DESIGN™ award, Chicago Athenaeum Museum of Architecture and Design, December 2005

**Certifications**  
Cradle to Cradle™ Gold Certified Product by MBDC (McDonough Braungart Design Chemistry, LLC), October 2005

**Endorsements**  
American Physical Therapy Association, December 2005

**Designers**  
ITO Design and Haworth Design Studio

**Dimensions**  
Overall Height: 38–43"  
Overall Width: 29"  
Overall Depth: 29"  
Seat Height: 16–21"  
Seat Width: 19-1/4"  
Seat Depth: 16–19"

**MA-002 Comfort**

**MA-003 Wellness**

**MA-004 Relax**

**MA-005 Gusto**

**MA-006 Refresh**

**MA-007 Soothe**

**MA-008 Peaceful**



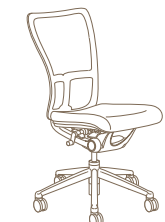
4-D Arms



Height Adjustable Arms



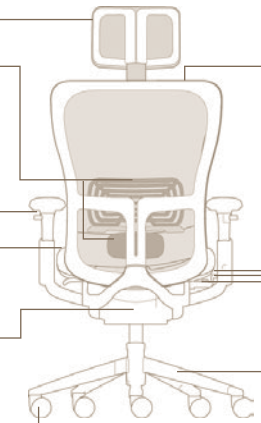
Fixed Arms



Without Arms



Leather Upholstery



The optional headrest reduces neck fatigue, and with 2.5 inches of adjustable range, it can cradle the neck and head of a wide range of users.

Optional PAL® Back System, including a patented asymmetrical lumbar adjustment and passive pelvic support, provide low-back support.

Arms available fixed, height adjustable and 4-D; armless.

Seat standard fixed or adjustable. Optional Technogel® Soft Lite Gel insert provides extra support.

The balanced 3-point tilt mechanism provides 24 degrees of back recline for greater comfort.

Hard dual-wheel casters available for carpet flooring and soft dual-wheel casters for hard floors.

**Featured Fabrics and Finishes**

**Cover**  
mesh Gusto  
fabric Maharam Plural Poppy  
trim smoke and metallic champagne

**Page 2, 3**  
mesh Soothe  
fabric Haworth+ Carnegie Refraction Color 6  
trim smoke and metallic champagne

**Page 4, 5, clockwise from top left:**  
mesh Comfort  
fabric Haworth+ Maharam Cipher 001spirit  
trim smoke and metallic champagne

mesh Gusto  
fabric Maharam Plural Poppy  
trim smoke and metallic champagne

mesh Refresh  
fabric Haworth+ Carnegie Click 4  
trim black and polished aluminum

mesh Comfort  
fabric Haworth+ Luna Whimsy Langour  
trim smoke and metallic champagne

mesh Relax  
fabric Raffia Argent  
trim smoke and metallic champagne

mesh Peaceful  
fabric Haworth+ Carnegie Click 6  
trim smoke and metallic champagne

**Page 6, 7**  
mesh Relax  
fabric Wipelli Angelina leather 9500  
trim smoke and polished aluminum

**Page 8, 9**  
mesh Refresh  
fabric Haworth+ Carnegie Click 4  
trim black and polished aluminum

**Page 10**  
mesh Support  
fabric Luna Hatch Jib  
trim smoke and polished aluminum

**Page 11**  
mesh Support  
fabric Luna Hatch Ballast  
trim smoke and polished aluminum

**Page 14**  
mesh Relax  
fabric Raffia Argent  
trim smoke and metallic champagne

Passive torsional flex provides upper back support.

Pneumatic seat height adjustment in standard and low-position models accommodate users 4'11" – 6'3" tall.

Standard easy to reach/activate tilt tension adjustment provides personalized control of the resistance of the back.

Optional 6-position back-stop and forward-tilt adjustment allows users to control their positions throughout the day.

Aluminum five-star base is standard in black and three metallic trims; optional in polished aluminum trim.

Note: The images and color representations shown may vary slightly from the actual material. Swatch samples are available through your local Haworth dealer.

# HAWORTH®

For more information call 800.344.2600 or 616.393.3000.  
Download additional copies at [haworth.com](http://haworth.com).

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